

Academic Bowl Club (B)

Students will be able to compete in their knowledge of a wide variety of subjects and topics. We will be using programs that provide questions around these topics and subjects. Students will be placed in teams and compete against each other.

Acoustic Spirituality Club (A)

Acoustic Spirituality is a program designed to help students find God in all things including music. What are we listening to? It need not be Christian music. Here, we listen to some contemporary songs and look for religious and spiritual concepts while sharing songs that help bring us to a holy place.

Bird Watching Club (B)

The purpose is to engage students in activities such as birding, studying bird biology, improving habitats for birds, and feeding birds on the school property by constructing bird houses.

Board Game Club (B)

Have some fun, play some games, relieve some stress, and enhance your skills. We will spend time playing board games while we learn life skills. In the playing of board games we can learn to be strategic and think ahead with Clue, Battleship or Risk. We can develop our vocabulary with word games like Scattergories or Apples to Apples. Students bring in their own games.

Calculator Club (A)

Learn how to use a calculator. You will learn different tricks and ways to properly use a calculator. This will benefit you in the classroom and when it comes time to take your SATs. A graphing calculator is required.

Card Game Club (A & B)

Students will learn and play classic card games including Spades, Hearts, Spoons, Speed, Uno, as well as any club favorites. Other card games will be introduced and explored. Students will compete in round robin tournaments and a differnt game will be played at each club meeting.

Chess Club (A)

This club will teach students the basics of playing chess and progress with different chess playing techniques. The mental discipline of becoming a skilled chess player can help improve your concentration, logical thinking, memory, creativity, and sportsmanship. Chess Club allows students to learn and improve their chess abilities through instruction, game play, and competition in an environment of fun and respect!

Cine_ International Movies (B)

Students explore other cultures through their movies.

Coloring Club (A)

A social activity meant to relieve stress with some fellow colorists. This club will center on a place for students to color and chat. What better way to meet people without the anxiety of the modern teen world. No technology, just good old-fashioned coloring fun!

Comic Book Club (B)

Open to all comic book fans at SRHS. The club will regularly read, analyze, and discuss the latest and greatest coming out of Marvel, DC, Dark Horse, Image, and other independent publishers. Also up for discussion are classic books by Marvel and DC and their Film Universe counterparts!"

Creating Art with Math (A)

Students will use concepts in math to create art work.

Creation Theology Club (A)

This club will discover the beauty of creation and how it has been damaged in many ways by humanity's carelessness. Issues including global warming, ocean pollution and ways we can learn from nature will be discussed. Our God-created world made for our community will take on a new dimension and we will realize the truth that all creation reflects the glory of God.

Crocheting Club (A & B)

You will learn and practice some basic stitches of crocheting. You will learn how to read a simple pattern and make a scarf. You will have 2 scarf patterns to choose from. Practice yarn will be provided. You will need to purchase a hook for practice as well as the materials needed for the scarf you choose to make. All materials can be purchased at A.C. Moore or Michael's or any craft store. Don't forget to look for coupons. Practice hook: I-9 (5.5mm)

Culinary Nutrition Club (B)

Members will explore a variety of good nutrition sources. Students will be encouraged to prepare and try eating healthy foods they might not normally have had an opportunity to eat. They may also look into the Culinary Arts as college major and further as a career choice. The Culinary Nutrition Club will engage the SRHS and surrounding communities in the preparation and presentations of healthy foods.

Dance as Prayer (A)

Students will explore how dance can be used as a form of prayer. We will use religious songs and create a dance that will express the words of the song. Our hope will be to pray our dance at school liturgies.

Debate Club (B)

Students will view and participate in structured debates about current events. We will apply research, logic and persuasive skills to "win the day". Our topics will be student-selected and include issues important to today's youth.

Digital Art Club (A)

Digital art club is an opportunity to explore the traditional form of photography using modern technology. Club members will utilize the techniques made possible through digital printing. Student will be using the basic filters of Photoshop, and understand how to compose an effective photo.

Engineering Club (B)

The Engineering Club introduces students to the modern concepts of engineering through demonstrations, build projects, and hosting of engaging speakers. The club's goal is to educate students and promote interest in the field of engineering.

Environmental Club (A & B)

The Environmental Club is an organization that is devoted to helping preserve the environment. Environmental Club's goal is to raise awareness about environmental issues through community outreach, environmentally themed fundraisers, and participation in community events. This club performs the following services: raises awareness about environmental issues such as reducing waste, conserving Earth's natural capital (water, air, wildlife, land, and resources); participate in beach sweeps in Belmar; conduct activities to raise funds for worthy causes such as endangered species and habitat loss; view movies related to environmental issues; invites environmental guest speakers; promote Earth week with t-shirts, water bottles, etc.

FanFiction Club (B)

Club members will read and analyze fan fiction pieces, and write original fan fiction featuring characters from a novel, TV series, or movie.

Fiber Art Club (B)

Fiber art is the creation and use of textiles through various materials. Fiber art club will encompass the creation of scarves to hand puppets. We will be exploring reused materials, collage, and weaving techniques. Students will be required to bring in fabric, sewing equipment, and an array of creative ideas.

Film Analysis Club (A)

Club members will watch and analyze specific cinematic techniques and critique classic films.

Film Club (A & B)

The goal of the Film Club is to create original films, including all aspects of filmmaking such as screenwriting, storyboarding, location scouting, acting, directing, filming, post-production, scoring, distribution and marketing. We will create films and footage for the students, parents, alumni and community of St. Rose High School. Whether you want to be in front of the camera or behind the scenes, if you are interested in the film industry, considering joining this club.

Fitness Club (A & B)

Reach the benefits of an active and healthy lifestyle. Fitness club is offered to anyone who enjoys working out or wants to learn how. We have a variety of different exercise machines, free weights, etc., for all different levels to use. Please come prepared with St. Rose gym attire and sneakers.

Fishing Club (B)

This club is open to all students interested in the art and sport of fishing.

Friends of Animals Club (B)

This will be an active group designed to aid the plight of shelter creatures: dogs, cats, and other small “furries”. Endeavoring to educate others regarding this issue, we will welcome a local veterinarian enlightening us to the various needs involved. Then we will attempt meeting some basic needs such as creating play things, baking delicacies and sewing blankets. Club members will also creatively imagine other ways to raise awareness of this stewardship of the most humble of God's creatures remembering the psalmist words “all creation reflects the glory of God”.

Health Science Club (A)

Members will explore the numerous areas and practices of the health sciences. They may investigate future plans as a professional in healthcare, including but not limited to: exercise physiology, dentistry, optometry, physical therapy, physician assistant, pharmacy, veterinary medicine, public health, hospital management, and medical doctor. The Health Science Club will engage the SRHS and surrounding communities in health awareness and health improvement activities.

Helping Hands (B)

Helping Hands is a club dedicated to service. Members of Helping Hands will help raise awareness about particular issues in our local and global community. Members will spearhead efforts to collect goods or funds when the need arises.

History Club (A)

The past is not written in stone. The past is alive and vibrant waiting for people to discover. This club will focus on historical events exploring topics and seeking out new information.

International Club (B)

This club is for anyone interested in learning about the diverse cultures around the world who make up the peoples of the United States. Throughout the year this club will explore various cultures, and provide an opportunity to promote the people and unique culture of different countries while providing an atmosphere for club members to broaden their own knowledge and horizons.

Intramural Basketball (A)

The intramural basketball program is gender neutral and open to students at all grade levels. Activity will consist of a round robin 3-on-3 basketball tournament with each side having mixed genders represented. Each team will consist of 3-4 players: 3 players on the court and 1 substitute. The games will be officiated by the players themselves. Every shot inside the arc is one point and every shot behind the arc is two points. Every successful free throw is one point. Games will end within 10 minutes of play time or first to 21 points. All participants must be in St. Rose gym attire. The club emphasizes participation, sportsmanship and most importantly, fun!

Intramural Volleyball (B)

The intramural volleyball program is gender neutral and open to students at all grade levels. Teams will consist of 4-6 players separated by the net. All participants must be in St. Rose gym attire or appropriate volleyball uniform. Matches are best of three sets. Games are played to 15 points. You can only score when your team serves the ball. The club emphasizes participation, sportsmanship and most importantly, fun!

Irish Culture Club (A)

The Irish Club promotes and celebrates the Irish culture. It is open to all students and not limited to those of Irish heritage. We will explore the rich and varied culture of the small island variously called Eire, Eireann, Hibernia, “*The Auld Sod*”, IRELAND. We will explore Irish culture today through its arts (music, films, stories), Gaelic language, history, geography, traditions and food as expressions of this unique people. Students should be willing to explore, participate and learn about another culture. *Slan go foill* (“goodbye for now”).

Lego Club (B)

Building student-designed creations with small lego bricks and/or K’nex pieces.

Loom Knitting (A)

Want to knit but don't know how? Come get yourself acquainted with loom knitting! Using a loom makes knitting easy and fun. We will do a variety of projects including hats and scarves. We will knit for both personal use and for donation to charities. Bring your own loom(s), yarn, hook, and creativity!

Magic: The Gathering (B)

Students will play the card game: *Magic, the Gathering*. *Magic* is played by two or more players in various formats, the most common of which uses a deck of at least 60 cards, containing no more than four of a single card, with some exceptions. Students provide their own *Magic* playing cards.

Make-A-Wish Club (A & B)

Make-A-Wish is a fundraising club for the New Jersey Foundation. Funds raised will help grant wishes to children with life-threatening illnesses in the state of New Jersey.

Marketing/Advertising (A)

This club will educate students about different areas of marketing, which include but not limited to branding, advertising, networking, etc. Students will develop, market and plan an advertising strategy for a product that would be of interest to the SRHS community.

Math Club (A)

Math Club members engage in activities and challenges that allow them to gain a deeper understanding of the math we see and do every day.

Monopoly Club (A)

This club will teach students the rules and best techniques of playing the board game Monopoly. By selling, buying, renting, and negotiating property, and with a little luck from the dice, the goal of the game is to become the wealthiest player on the board.

Mythology Club (B)

Students will enjoy learning about all forms of mythology from cultures all over the world.

Philosophy Club (A)

This club is open to the entire community. Beyond conjectures or hypotheses, by philosophy we mean, “the continuous critical evolving and holistic rethinking of the world” in that it shaped, shapes and will shape world history (*e.g.*: Renaissance, American Revolution, etc.), culture (*e.g.*: arts, ideologies, etc.) and science (*e.g.*: Galilei, Descartes etc.).

Poetry Club (A)

Students will read, write and recite various forms of poetry. We will also construct a poetry journal to include original writing and selected works.

Planner Society (A)

Inspire your best organized life. Students will create personal planners and organizational tools. Supplies needed: washi tape, gel pens, stickers.

Puzzle Club (B)

Enjoy the relaxation of working on a puzzle, alone or in a group. There are a range of different sizes, shapes, and dimensional puzzles. If you have a favorite puzzle and want to bring it in, please feel free.

Religious Art and Architecture (A)

We will spend time looking at the importance of religion in art and architecture. We will admire and learn about calligraphy, ceramics, crafts, icons, metalwork, mosaic, stained glass, sculpture, frescoes, tapestry and wood-carving among various other types of art.

Students will get to examine, show and explain pieces they are interested in and admire from history and around the world.

Rock Shop Club (A)

Open to all guitar and bass musicians of all skill levels -- from novice to professional! This club will focus on building up students' technical skills on their instruments and will regularly discuss picking techniques, finger dexterity, songwriting, and all aspects of music theory. This club may be of particular interest to those wishing to start their own band. Participants will also be encouraged to "jam" together and workshop original material!

Runners Club (A)

Runners club is for those who love running or those who want to start running. Please make sure to bring proper St. Rose PE attire and a pair of good running sneakers.

SADD (A & B)

SADD is a national peer leadership organization founded as an offshoot of Mothers Against Drunk Driving. The SRHS club will provide students with an opportunity to develop and conduct activities aimed at the high school population to educate the student body on making smart decisions as well as create and execute programs aimed at 7th and 8th graders. Possible programs include distracted driving education, the Senior Transition Day assembly, character education initiatives and anti-bullying programs.

SAT Club (B)

SAT club will help you get that extra practice before the SAT. It will teach you different strategies on how to approach the problems. You will have the opportunity to work in small groups to discuss SAT sample questions.

Scrabble Club (B)

Get ready for the ultimate battle of words! Scrabble Club will host friendly competitions using the classic word game Scrabble. Impress others with your stellar vocabulary by pulling out those SAT words! Scrabble boards will be provided.

SETS Club (B)

SETS builds cognitive, logical and spatial reasoning skills as well as visual perception skills while playing a game! Because it has a rule of logic (three cards that are all the same or all different in each individual feature), and because players must apply this rule to the spatial array of patterns all at once, they must use both left brain and right brain thought processes. This fun game actually exercises your brain!

Sign Language Club (B)

This club provides students with various opportunities to interact with the Deaf community, enhance students ASL receptive and expressive skills and increase students' knowledge of Deaf culture.

Spanish Club (A)

Students will explore the language and culture of Latin America and Spain through activities such as speaking Spanish, listening to traditional music and the latest radio hits. We will explore the hispanic art via virtual museum visits and watch movies in Spanish and discuss them.

Sports Journalism Club (B)

Students will examine sports at the high school level through professional. Developing skill to analyze performances and explaining the core essentials of the game.

SRHS Literature Circle (B)

Bring your ideas for the books you would love to read and share with others. We will meet once a month to look at the literature we may miss out on in our busy lives. Please bring ideas of books, a willingness to share insights, and a love of reading!

STEM Club (A)

We will be talking about/viewing various topics within the subject area(s) of STEM (that is normally outside of the curriculum). We will also have hands on activities creating models and design templates.

Student Council Club (B)

All Student Council members must choose this club for B days.

Sudoku Club (A)

The popular Japanese puzzle game Sudoku is based on the logical placement of numbers. An online game of logic, Sudoku doesn't require any calculation nor special math skills; all that is needed are brains and concentration. Sudoku is one of the most popular puzzle games of all time. The goal of Sudoku is to fill a 9×9 grid with numbers so that each row, column and 3×3 section contain all of the digits between 1 and 9. As a logic puzzle, Sudoku is also an excellent brain game. If you play Sudoku daily, you will soon start to see improvements in your concentration and overall brain power.

TED-Ed Club (A)

Students work together to discuss and celebrate creative ideas. The club guides its students to help inspire tomorrow's TED speakers and leaders.

TOLERANCE (B)

Students will explore historical bases for bias and violence, and develop strategies to combat bullying, bias and hatred. The club will explore common myths and misconceptions with the goal of empowering students, faculty, administration and family to take a stand against hate and bullying.

Travel Club (B)

This club will offer students a chance to share, discuss, research and plan their traveling adventures. We will share our personal traveling experiences as well as our traveling

dreams. We will also research cities in the USA and abroad that we would like to visit. Weekly discussions of what we learned from our research will take place. Discussions will range in topics such as customs, religions, governments, and languages. We can even research different student travel groups for opportunities to travel with in the future!

Walking Club (B)

This club promotes healthy living and stress relief through walking.

Yearbook Club (A)

Come help us design and plan the 2018 yearbook! We'll work on pages of the yearbook and go out to cover all aspects of our community. Must be able to take photos and write!

Yoga and Meditation Club (A)

The purpose of this club is to offer students a chance to learn and practice yoga and meditation together. We will learn about the history, origins and benefits of all types of yoga and meditation. It will be a chance to slow down and learn the basic yoga poses and meditation practices to help reduce stress, and increase flexibility and strength. Don't forget your yoga mat! Namaste.